Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>30 - Beef And Broccoli Bowl</li> <li>- Pasta X Plosion!</li> <li>- Sunbutter &amp; Jelly Sandwich</li> <li>- Chicken Fajita Wrap</li> </ul>	<ul> <li>31 - Scary Jack's Meat Lover's Pizza <ul> <li>Morticia's Black Bean &amp; Veggie Burrito</li> <li>Calypso's Terrifying Teriyaki Chicken Sushi Bowl</li> <li>Slimey's Ectoplasm Parfait W/ Bluescary Muffin</li> </ul> </li> </ul>	<ul> <li>1 - Mr. Mike's Bbq Chicken Sandwich</li> <li>- Pasta X Plosion!</li> <li>- Summer Corn &amp; Tomato Pasta Salad</li> <li>- Big Kahuna Tuna Wrap</li> </ul>	<ul> <li>2 - Chicken Nuggets W/ Olive Oil &amp; Parmesan Pasta</li> <li>- Cheese Enchiladas</li> <li>- Chicken Bacon Ranch Wrap</li> <li>- Southwest Veggie Taco Salad W/ Tortilla Chips</li> </ul>	<b>3</b> - Pepperoni Pizza - Cheese Pizza - Bbq Chicken Wrap - Italian Market Salad
<ul> <li>6 - Hamburger</li> <li>- Pasta W/ Olive Oil &amp; Cheese</li> <li>- Sunbutter &amp; Jelly Sandwich</li> <li>- Chicken Fajita Wrap</li> </ul>	<ul> <li>7 - Chicken Parmesan On A French Roll</li> <li>- Bean And Cheese Burrito</li> <li>- Chicken Caesar Wrap</li> <li>- Bagel Kit</li> </ul>	8 - Beef Burrito - Veggie Chow Mein - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad	<ul> <li>g - Breaded Chicken Sandwich</li> <li>- Penne Pasta W/ Marinara &amp;</li> <li>Mozzarella</li> <li>- Farmers Market Egg Salad</li> <li>W/ Roll</li> <li>- Turkey And Cheddar On A</li> <li>Hoagie</li> </ul>	10 No meal service
<ul> <li>13 - Greek Chicken W/ Rice Pilaf</li> <li>- Broccoli Cheddar Potato</li> <li>Bowl W/ Roll</li> <li>- Turkey And Cheese</li> <li>Sandwich</li> <li>- Chicken Pesto Wrap</li> </ul>	<b>14</b> - Beef Hot Dog - Veggie Fried Rice - Bagel Kit - Smoked Chicken Wrap	<ul> <li>15 - Wet Beef Burrito <ul> <li>Pasta Primavera</li> <li>Chicken Bacon Ranch Salad</li> </ul> </li> <li>W/ Roll <ul> <li>Turkey &amp; Cheese On Dutch</li> <li>Crunch</li> </ul> </li> </ul>	<ul> <li>16 - Chicken Nuggets W/ Rice Pilaf</li> <li>- Cheese Ravioli W/ Marinara Sauce</li> <li>- Tuna Sandwich</li> <li>- Chicken Caesar Wrap</li> </ul>	<b>17</b> - Pepperoni Pizza - Cheese Pizza - Asian Chicken Wrap - Santa Fe Chicken Salad
20 No meal service	21 No meal service	22 No meal service	23 No meal service	24 No meal service
<ul> <li>27 - Beef And Broccoli Bowl</li> <li>- Pasta X Plosion!</li> <li>- Sunbutter &amp; Jelly Sandwich</li> <li>- Chicken Fajita Wrap</li> </ul>	<ul> <li>28 - Beef Hot Dog</li> <li>- Black Bean &amp; Veggie Burrito</li> <li>- Turkey &amp; Cheese On Dutch Crunch</li> <li>- Bagel Kit</li> </ul>	<ul> <li>29 - Chicken Enchiladas</li> <li>- South Of The Border Chili W/ Tortilla Chips</li> <li>- Chicken Salad On A Hoagie</li> <li>- Big Kahuna Tuna Wrap</li> </ul>	30 - Sesame Orange Chicken W/ Rice - Cheese Enchiladas - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips	1

**Drinks** 1% Milk, Nonfat Milk

ALL MEALS COME WI VEGETABLE AND A D	ALL MEALS COME WITH A CHOICE OF FRESH FRUIT, FRESH VEGETABLE AND A DRINK.	
PERFECT COMBINATI	PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS	
	PLACE YOUR ORDER NOW!	
(650) 596-8008	Iunchmaster@nobhillcatering.com	www.thelunchmaster.com

**Breakfast Menu** 



Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>30 - Bagel W/ Cream Cheese</li> <li>Breakfast Cereal</li> </ul>	<ul> <li>31 - Breakfast Scones</li> <li>- Breakfast Cereal</li> </ul>	1 - Concha - Breakfast Cereal	<ul> <li>2 - Breakfast Muffin</li> <li>- Breakfast Cereal</li> </ul>	<ul> <li>3 - Sunbutter &amp; Jelly Sandwich</li> <li>- Breakfast Cereal</li> </ul>
<ul> <li>6 - Hard Boiled Egg W/ Muffin</li> <li>- Breakfast Cereal</li> </ul>	<ul> <li>7 - Breakfast Muffin</li> <li>- Breakfast Cereal</li> </ul>	8 - Bagel W/ Cream Cheese - Breakfast Cereal	<ul> <li><b>9</b> - Yogurt W/ Grahams</li> <li>- Breakfast Cereal</li> </ul>	10 No meal service
13 - Breakfast Cereal	14 - Breakfast Muffin - Breakfast Cereal	15 - Bagel W/ Cream Cheese - Breakfast Cereal	16 - Apple Cinnamon Frudel - Breakfast Cereal	17 - Hard Boiled Egg W/ Muffin - Breakfast Cereal
20 No meal service	21 No meal service	22 No meal service	23 No meal service	24 No meal service
27 - Breakfast Cereal	28 - Breakfast Scones - Breakfast Cereal	<b>29</b> - Concha - Breakfast Cereal	<b>30</b> - Breakfast Muffin - Breakfast Cereal	1

**Drinks** 1% Milk, Nonfat Milk



Vegan / Gluten Free Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> - Vegan Fried Rice	<b>31</b> - Vegan Bean Burrito Bowl	<mark>1</mark> - Myo Vegan Tacos	2 - Vegan Chickpea Tikka Masala	3 - Vegan Pinto Pozole W/T. Chips
<b>6</b> - Vegan Spanish Beans W/ Rice	<b>7</b> - Vegan Fried Rice	<b>8</b> - Vegan Bean Burrito Bowl	<b>9</b> - Vegan 3 Bean Chili W/ T.Chips	10 No meal service
13 - Vegan Chickpea Tikka Masala	14 - Vegan Pinto Pozole W/T. Chips	15 - Vegan Spanish Beans W/ Rice	16 - Vegan Fried Rice	17 - Vegan Bean Burrito Bowl
20 No meal service	21 No meal service	22 No meal service	23 No meal service	24 No meal service
27 - Vegan Fried Rice	28 - Vegan Bean Burrito Bowl	<b>29</b> - Vegan 3 Bean Chili W/ T.Chips	<b>30</b> - Myo Vegan Tacos	1

**Drinks** 1% Milk, Nonfat Milk



#### Lunch Menu



Date	Menu Item	Allergens
Monday 30	Beef And Broccoli Bowl	Wheat, Soy, Beef, Sesame
monauly of	Pasta X Plosion!	Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Fajita Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
Tuesday 31	Scary Jack's Meat Lover's Pizza	Wheat, Soy, Milk, Chicken, Tomato
-	Morticia's Black Bean & Veggie Burrito	Wheat, Tomato
	Calypso's Terrifying Teriyaki Chicken Sushi Bowl	Wheat, Soy, Chicken, Sesame
	Slimey's Ectoplasm Parfait W/ Bluescary Muffin	Wheat, Egg, Milk, Soy
Wednesday 1	Mr. Mike's Bbq Chicken Sandwich	Chicken, Wheat, Soy, Milk, Tomato
	Pasta X Plosion!	Wheat, Milk, Tomato
	Summer Corn & Tomato Pasta Salad	Wheat, Milk, Soy, Tomato
	Big Kahuna Tuna Wrap	Wheat, Soy, Egg, Milk, Fish
Thursday 2	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheese Enchiladas	Milk, Soy, Tomato
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
Friday 3	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Italian Market Salad	Wheat, Soy, Milk, Pork, Beef, Turkey
Monday 6	Hamburger	Beef, Wheat, Soy
-	Pasta W/ Olive Oil & Cheese	Wheat, Milk
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Fajita Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
Tuesday 7	Chicken Parmesan On A French Roll	Wheat, Soy, Milk, Tomato, Chicken
	Bean And Cheese Burrito	Milk, Wheat, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Bagel Kit	Wheat, Milk
Wednesday 8	Beef Burrito	Wheat, Milk, Soy, Beef
	Veggie Chow Mein	Wheat, Soy, Egg, Sesame
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Wheat, Milk, Tomato
Thursday 9	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Penne Pasta W/ Marinara & Mozzarella	Wheat, Milk, Tomato
	Farmers Market Egg Salad W/ Roll	Wheat, Egg, Soy, Milk
	Turkey And Cheddar On A Hoagie	Wheat, Milk, Turkey
Monday 13	Greek Chicken W/ Rice Pilaf	Chicken
	Broccoli Cheddar Potato Bowl W/ Roll	Wheat, Milk, Soy, Egg
	Turkey And Cheese Sandwich	Wheat, Milk, Turkey, Soy
	Chicken Pesto Wrap	Chicken, Wheat, Milk, Soy
	-	·

601 Taylor Way, San Carlos, CA 94070

Iunchmaster@nobhillcatering.com

#### Lunch Menu (cont'd)



Date	Menu Item		Allergens
Tuesday 14	Beef Hot Dog		Wheat, Beef, Soy
	Veggie Fried Rice		Egg, Wheat, Soy
	Bagel Kit		Wheat, Milk
	Smoked Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
Wednesday 15	Wet Beef Burrito		Wheat, Soy, Milk, Beef
	Pasta Primavera		Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Roll		Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
	Turkey & Cheese On Dutch Crunch		Turkey, Wheat, Milk
Thursday 16	Chicken Nuggets W/ Rice Pilaf		Chicken, Soy, Wheat, Milk, Egg
	Cheese Ravioli W/ Marinara Sauce		Egg, Milk, Wheat, Tomato
	Tuna Sandwich		Wheat, Egg, Fish, Soy
	Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish
Friday 17	Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza		Wheat, Soy, Milk, Tomato
	Asian Chicken Wrap		Wheat, Soy, Milk, Chicken, Sesame
	Santa Fe Chicken Salad		Chicken, Milk, Tomato, Soy, Egg
Monday 27	Beef And Broccoli Bowl		Wheat, Soy, Beef, Sesame
•	Pasta X Plosion!		Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich		Wheat, Soy
	Chicken Fajita Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
Tuesday 28	Beef Hot Dog		Wheat, Beef, Soy
-	Black Bean & Veggie Burrito		Milk, Wheat, Tomato
	Turkey & Cheese On Dutch Crunch		Turkey, Wheat, Milk
	Bagel Kit		Wheat, Milk
Wednesday 29	Chicken Enchiladas		Soy, Milk, Chicken, Tomato
	South Of The Border Chili W/ Tortilla Chips	Veg	Milk, Tomato
	Chicken Salad On A Hoagie		Chicken, Egg, Milk, Wheat
	Big Kahuna Tuna Wrap		Wheat, Soy, Egg, Milk, Fish
Thursday 30	Sesame Orange Chicken W/ Rice		Wheat, Soy, Chicken, Sesame
	Cheese Enchiladas		Milk, Soy, Tomato
	Chicken Bacon Ranch Wrap		Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips		Milk, Soy, Tomato, Egg

601 Taylor Way, San Carlos, CA 94070





#### Breakfast Menu



Date	Menu Item		Allergens
Monday 30	Bagel W/ Cream Cheese		Wheat, Soy, Milk
-	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 31	Breakfast Scones		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Wednesday 1	Concha		Wheat, Milk, Egg, Soy
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 2	Breakfast Muffin		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Friday 3	Sunbutter & Jelly Sandwich		Wheat, Soy
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Monday 6	Hard Boiled Egg W/ Muffin		Milk, Soy, Wheat, Egg
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 7	Breakfast Muffin		Wheat, Soy, Egg, Milk
-	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Wednesday 8	Bagel W/ Cream Cheese		Wheat, Soy, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 9	Yogurt W/ Grahams		Wheat, Soy, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Monday 13	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 14	Breakfast Muffin		Wheat, Soy, Egg, Milk
Tuesday 14	Breakfast Cereal		Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef
Wednesday 15	Bagel W/ Cream Cheese		Wheat, Soy, Milk
Weallesday 10	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 16	Apple Cinnamon Frudel	Veg	Wheat, Soy, Egg, Milk
······································	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Friday 17	Hard Boiled Egg W/ Muffin		Milk, Soy, Wheat, Egg
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Mondoy 27	Productor Coroal		What Say Milly Dark Baaf
Monday 27	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 28	Breakfast Scones Breakfast Cereal		Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef
			-
Wednesday 29	Concha Breakfast Cereal		Wheat, Milk, Egg, Soy Wheat, Soy, Milk, Pork, Beef
Thursday 30	Breakfast Muffin Breakfast Cereal		Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef
			VIIIcal, OUY, WIIIN, FUIN, DEEI

601 Taylor Way, San Carlos, CA 94070

Iunchmaster@nobhillcatering.com

#### Vegan / Gluten Free Menu



Date	Menu Item		Allergens
Monday 30	Vegan Fried Rice	V	Soy, Sesame
Tuesday 31	Vegan Bean Burrito Bowl	V	Tomato, Soy
Wednesday 1	Myo Vegan Tacos	V	Soy
Thursday 2	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Friday 3	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Monday 6	Vegan Spanish Beans W/ Rice		Tomato, Soy
Tuesday 7	Vegan Fried Rice	V	Soy, Sesame
Wednesday 8	Vegan Bean Burrito Bowl	V	Tomato, Soy
Thursday 9	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Monday 13	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Tuesday 14	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Wednesday 15	Vegan Spanish Beans W/ Rice		Tomato, Soy
Thursday 16	Vegan Fried Rice	V	Soy, Sesame
Friday 17	Vegan Bean Burrito Bowl	V	Tomato, Soy
Monday 27	Vegan Fried Rice	V	Soy, Sesame
Tuesday 28	Vegan Bean Burrito Bowl	V	Tomato, Soy
Wednesday 29	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Thursday 30	Myo Vegan Tacos	V	Soy

601 Taylor Way, San Carlos, CA 94070

Iunchmaster@nobhillcatering.com